

QUANTUM COACHING *academy*



QUANTUM BUSINESS *accelerator*

JANUARY 2025

Welcome to your quick guide to the business-building tools in QCA.

Click on each business link title below to access the corresponding resource in your QCA portal.

COACHING TOOLS/RESOURCES

Student Skills Checklist

QCA Skills, Tools and Techniques

Quantum Coaching Tools (Digital and Interactive Google Document)

Peer Coaching "Mock" Session Scenarios

Representational System Quiz Worksheet

Outcome/Goal Setting Worksheet

Submodality Worksheet

Values Assessment Worksheet

Empowering Feedback Formula

Demo Facilitation of the Quantum Shift Technique

Suicide / Therapist Referral Resources

The Gap Map - Tony Robbins

Insurance Options and Recommendations

Ashley's Music Playlist

Spanish Resources on NLP

POWERFUL MEDITATIONS

Bubble of Light Protection Prayer

Expanding Your Client Capacity Meditation

Big Coach Energy Meditation by student Tabea Binswanger

Mindful Reiki Meditation

Future You Meditation

GUEST EXPERT COACH TRAININGS / DEI / ALLYSHIP

Breathwork with Nikki

Soulful Self Leadership with Sarah Jensen

From Quantum Coach to Quantum Communicator + Leader with Julie Hagen

The Art of Hypnosis with Lea Fuentes

Neuroscience Training with Gina Ward

Fast-Track Your Client's Success With Journaling Training with Ashley Looker

Programming Your Nervous System for Success with Diane Miller

Neurodiversity-Informed Coaching Training with Emma Matthews

How to Coach Clients with Religious Trauma: From A Religious Cult Survivor Training with Ashley Easter

Unlocking Coaching Success Through Somatics: Leveraging Breathwork and Nervous System Regulation for Business Growth Training with Elizabeth Faye

The Energetics of Trauma with Jamuna - Part One

The Energetics of Trauma with Jamuna - Part Two

DEI + ALLYSHIP GUEST EXPERT TRAININGS

So, You Want to Be an Ally? LGBTQIA+ Training with Jenna Teague and Bre Byrd

DEI Workshop with Erica Courdae

Empowering Accessibility: Building Inclusive Communication In Coaching Training with Jade Griswold

BUSINESS BUILDING RESOURCE CENTER

Business Tools We Use and Trust + Our Affiliate Links

Tech Stack Training

GUEST EXPERT BUSINESS TRAININGS

Legal Level-Up with Natalie Puglisi

Master Your Finances with Arielle Gelosi

How to Hire + Utilize a VA in Your Business with Carly

Build Your Dream Website With Yaz Designs

Attracting your Ideal Client Training with Jess Moore

Finding your Niche with Jess Johnson

Purpose and Your Business Training with Gina Ward

Monetizing Your Coaching Skills Training with Emma Matthews

Building Your Business Off Social Training with Kate Kordsmeier

Effortless Client Management for Coaches: A ClickUp Blueprint with Courtney Lazar

Business Legal Essentials: Setting Up Your Legal Framework Training with Natalie Puglisi

Elevate Your Coaching Business to 6 Figures with Strategy, Systems, & Simplicity Training with Emelina Schmaltz

TEMPLATES FOR SUCCESS

Lead Tracking Spreadsheet Template

QCA Policies & Procedures

Group Program Outline Template

Empowering Questions to Get to Root Cause

Values Assessment Tool For Coach

Values Assessment Tool To Use For Clients

TRANSFORMATION TIMELINE + I HELP STATEMENTS PDF

Transformation Timeline + I help statements PDF

BUSINESS TRAININGS

Pricing Your Coaching Offers Training

Overcoming Sales Objections and Close Your Sales Calls

Explaining The Sales Call Process

Sales Call Demo Example

Setting up your schedule as a coach Pt. 1

Setting up your schedule as a coach Pt. 2

On-boarding Your Clients 101

[Send Email] Example On-Boarding Email and Template

[Send Legal] Coaching Agreement

[Send Intake Form] Learn More About Your Clients

Questions to Ask Your Client to End the Relationship

Off Boarding and Testimonial Form

ORGANIZING YOUR CLIENT FILES

How To Organize Your Client Files

Client Call Note Template

HOW TO CREATE + STRUCTURE A TRANSFORMATIONAL GROUP COACHING PROGRAM

Program Structure

Program Blueprints

Program Blueprint and transformation

Group Coaching Tool List

TECH HOW TO'S

How to Set up Acuity

How to Create auto/recurring payments in Paypal

How To Create A Deposit Link

How To Record Your Classes on Zoom

How to Edit Your Course On iMovie

How to Record a Meditation + Put It On Your Website

EDUCATIONAL RESOURCES

Diversity, Equity and Inclusion Resources

Fight or Flight Response

Spirituality and Health